



2nd National Conference on Prevention of Diabetes
17 – 19 November 2017
Marriott Marquis Hotel, Atlanta

PROGRAM AGENDA

Friday, November 17, 2017		
TIME	EVENT	FACULTY
11:00 am – 6:00 pm	REGISTRATION	
1:30 – 3:30 pm	Pre-Conference Workshop - A Childhood Obesity Academy of Nutrition and Dietetics Speakers: <i>Lucille Beseler, USA</i> <i>Donna Martin, USA</i>	Pre-Conference Workshop - B A Comprehensive Lifestyle Medicine Clinical Tool Kit for Preventing and Reversing Diabetes American College of Lifestyle Medicine Speakers: <i>George Guthrie, USA</i> <i>Wes Youngberg, USA</i>
4:00 – 6:00 PM	EXHIBIT HALL OPENING	
4:30 – 6:30 PM	Opening Session: Keynote Lectures	
4:15 PM	Opening remarks	<i>Guillermo Umpierrez , Mahmoud Ibrahim</i>
4:30 – 5:00 PM	Successful exercise programs for Diabetes Prevention	<i>Darin Olson, USA</i>
5:00 – 5:30 PM	Prevention of Macrovascular Complications of Diabetes	<i>Francisco Pasquel</i>
5:30 - 6:00 PM	Prevention of Microvascular Complications of Diabetes	<i>Guillermo Umpierrez , USA</i>
6:00 – 6:30 PM	Diabetes Prevention , Global Challenges	<i>Jaakko Tuomilehto, Finland</i>
7:00 – 8:00 PM	WELCOME RECEPTION	
Saturday, November 18, 2017		
TIME	EVENT	FACULTY
7:30 AM – 9:00 AM	CONTINENTAL BREAKFAST	
7:30 – 11:00 AM	REGISTRATION	
8:00 – 9:00 AM	Diabetic Foot Workshop <i>Luke Brewster, USA</i>	
9:30 – 11:00 AM	CONCURRENT SESSIONS	

Symposium 1 : CVD Prevention I		Workshop 1: “Jump Starting” your Diabetes Prevention – How Simple Can be Effective Marcy Kyle, USA and Jo Jo Dantone, USA
9:30 AM	Role of the Diet <i>Jennifer Rooke, USA</i>	9:30 AM The science of carbohydrate consumption and exercise to promote weight loss and euglycemia – Marcy Kyle, USA
9:50 AM	Hypertension as a predictor for type 2 diabetes <i>Abraham Thomas , USA</i>	9:50 AM “Jump Start” Meal Plan basics – Marcy Kyle, USA
10:10 AM	The possible role of PCSK9 <i>Peter Wilson, USA</i>	10:00 AM Cooking demo – techniques, functional use of spices, healthy snacks and desserts, and wine pairing – Jo Jo Dantone - USA
10:30 AM	Insulin resistance in lean persons <i>Jason Baker, USA</i>	10:25 AM How to refer to a Registered Dietitian Nutritionist (RDN) to design individual treatment plans for prevention – Jo Jo Dantone - USA
10:50 AM	Discussion	10:40 AM Medicare Diabetes Prevention Program (MDPP) key points – Marcy Kyle, USA
11:00 – 11:30 AM	BREAK – VISIT EXHIBIT HALL	
11:30 – 12:00 PM	Lecture The Diversity of Pre-Diabetes <i>Priya Vellanki, USA</i>	
12:00 – 1:30 PM	CONCURRENT SESSIONS	
Symposium 2: CVD PREVENTION II		Workshop 2: Establishing a community-based Prevention program <i>Jaakko Tuomilehto , Finland</i> <i>Amy Fischl , USA</i>
12:00 PM	Specific biomarkers of CVD in elderly patients <i>Robert Eckel , USA</i>	
12:20 PM	Ectopic fat concept and cardiovascular risk <i>Gianluca Iacobellis USA</i>	
12:40 PM	Nonalcoholic fatty liver disease and cardiovascular risk <i>Darin Olson, USA</i>	
1:00 PM	Updates in CVD outcome studies <i>Abraham Thomas , USA</i>	
1:20 PM	Discussion	
1:30 – 2:30 PM	LUNCH BREAK , Visit the Posters and Exhibit	
2:30 – 4:00 PM	CONCURRENT SYMPOSIA	
Workshop : 3 CVD Prevention <i>Robert Eckel, USA</i>		Workshop 4: Epidemiology and Prevention Research <i>William Herman , USA</i>

Sunday, November 19, 2017

TIME	EVENT	FACULTY
8:30 am – 9:15 am	CONTINENTAL BREAKFAST	
9:30 – 11:00 AM	CONCURRENT SYMPOSIA	
Symposium 3: Therapeutics and Diabetes Prevention		Workshop 5: The Role of the Diabetes Educator in Diabetes Prevention <i>Amy Fischl , USA</i>
9:30 AM	Metformin <i>Guillermo Umpierrez, USA</i>	
9:50 AM	GLP1 Agonists <i>Abraham Thomas , USA</i>	
10:10 AM	Anti Obesity Drugs <i>Alexandra Migdal, USA</i>	
10:30 AM	SGLT2s <i>Jason Baker, USA</i>	
10:50 AM	Discussion	
11:00 AM – 11.30 PM	BREAK – VISIT EXHIBIT HALL	
11:30 – 1:00 PM	ORAL ABSTRACT PRESENTATIONS	
11:30 – 1:00 PM	CONCURRENT SYMPOSIA	
Symposium 4: DEBATE SESSIONS		Workshop 6: Prediction of Type 1 Diabetes <i>David Leslie , UK</i>
11:30 AM	Can Statins Cause Diabetes? • Yes <i>Jason Baker, USA</i> • No <i>Peter Wilson, USA</i>	
12:00 PM	morbid Obesity Treatment • Lifestyle and Medicines <i>Jennifer Rooke, USA</i> • Surgery <i>Ed Lin, USA</i>	
12:30 PM	Diet or Exercise, which comes first? • Diet <i>Amy Fischl, USA</i> • Exercise <i>Mahmoud Ibrahim, USA</i>	
1:00 – 2:00 PM	LUNCH	
2:00 – 4:10 PM	CONCURRENT SYMPOSIA	
Symposium 5: Issues in Pre-Diabetes		2:00 – 3:00 Workshop 7: Bariatric Surgery <i>Edward Lin, USA</i>
2:00 PM	Cancer in Pre-Diabetes <i>Jason Baker, USA</i>	

2:20 PM	Renal Disorders <i>Francisco J. Pasquel , USA</i>	
2: 40 PM	New Injectables May prevent Type 2 Diabetes <ul style="list-style-type: none"> • Yes <i>Abraham Thomas, USA</i> • No <i>Jason Baker, USA</i> 	3:00 – 4:10 Workshop 8: Technology for Diabetes Prevention <i>Lucienne Ide, USA</i>
3:10 PM	Gut Microbion and Diabetes Prevention <ul style="list-style-type: none"> • Significant Role <i>Andrew Gewirtz, USA</i> • No Role <i>Darin Olson, USA</i> 	
3:40 PM	Closing Lecture : The Reversal of Type 2 Diabetes: A Practical Reality <i>George Guthrie, USA</i>	
4:10 PM	Adjourn	