

## 5<sup>th</sup> National Conference on Diabetes Prevention

### SATURDAY, December 12, 2020

7:00a – 8:00a **REGISTRATION and CONTINENTAL BREAKFAST**

8:00a Welcome Address Mahmoud Ibrahim – Jaakko Tuomilehto

8:00 Diabetes Prevention 2020 *Mahmoud Ibrahim USA*

8:45 Diabetes and CVD Prevention , the impact of COVID-19 *Jennifer Rooke USA*

9:30 New Anti-Diabetic Agents and Prevention of Complications *Peter Gaede Denmark*

10:15 Diabetes Prevention Risk Scores *Jaakko Tuomilehto Finland*

11:00 **BREAK**

11:15 Prevention of Type 1 Diabetes *Jason Baker USA*

12:15 The role of the Telehealth in diabetes prevention: *Amy Fischl USA*

1:00p **Break**

1:45 **Workshop I**  
How to do a research project in Diabetes Prevention *Mohamed Eid USA*

2:15 **BREAK**

2:30 **Workshop II**  
The Use of technology in Diabetes Prevention *Eytan Roitman Israel*

4:00 **End of the first day**

### SUNDAY , December 13, 2020

8:00 Phenotypic Spectrum of Diabetes  
(Case Studies) *Avivit Cahn Israel*

9:30 **Closing Session : Cardiometabolic Prevention ( Part 1 )**

- Recent CVOTs *Robert Eckel USA*
- Diabetes and Hypertension *Abraham Thomas USA*

11:00 **BREAK**

11:15 **Cardiometabolic Prevention ( Part 2 )**

- Update in the management of Pre-Diabetes and metabolic syndrome to optimize the CVD Outcome  
Suman Jana USA
- Triglycerides: To treat or not to Treat  
Abraham Thomas USA
- Calcium scoring: when to order and how to interpret  
Mahmoud Ibrahim USA
- Optimal Diet  
Jennifer Rooke USA
- LDL: Targets in 2020  
Peter Gaede Denmark

12:45

**End of the conference**